

# MAY 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	1	2	3 <b>6 - 8pm Position / Rifle fit</b>	4	5	6 <b>9 - 11 am Precision shooting 20/20</b>
7 <b>1 - 3pm Master's practice</b>	8	9	10 <b>6 - 8pm Position affirmation/ precision one shot</b>	11	12	13 <b>10am - 3pm Biathlon Open House Athletes volunteer</b>
14 <b>1 - 3 pm Position affirmation/ Sight alignment</b>	15	16	17 <b>6 - 8pm Trigger control</b>	18	19	20 <b>9 - 11am Natural Alignment</b>
21 <b>1 - 3 pm Precision shooting 20/20</b>	22	23	24 <b>6 -8pm Rifle fit / Position work / team drills</b>	25	26	27 <b>9 - 11am Rifle cleaning Session</b>
28 <b>1- 3 pm Breathing / object tracing</b>	29	30	31 <b>6 -8pm Precision one shot 20/20.</b>	1	2	3

## NOTES

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